



Conversations in the Garden: Sustainability & Environment

2020
SEPTEMBER-DECEMBER



PALAZZO VILLANI STIOZZI RIDOLFI

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Palazzi Foundation

The goal of the Palazzi Foundation is to support education through cultural integration, community engagement, and experiential learning.

The foundation is a cultural center based on sustainability and is open to the Florentine community.

Palazzi is a non-profit foundation that fosters cultural integration within the city of Florence. Through a calendar of events, the foundation offers initiatives based on food and wine culture presented by small local producers, readings presented by independent bookstores, and exhibitions/performance by artists, musicians, and artisans. All funds raised will go toward academic scholarships for 1, 2, and 4-year programs at Florence University of the Arts - The American University of Florence.

Palazzo Villani Stiozzi Ridolfi

The palazzo is a historic building that was fully renovated in 2018. The facilities feature 1800 square meters of classrooms and laboratories, as well as a 500 square meter sustainable garden with orange trees, lemon trees, and aromatic herbs.

Fedora Pastry Shop

Fedora is a creating learning lab and pastry shop of Apicius International School of Hospitality, and is open to the public.

PASTRY SHOP AND CAFE' HOURS

Mon - Sat 8:30am - 9:30pm

Lunch (12:00pm - 3:00pm) | Aperitivo (6:00pm - 9:00pm)



Sorgiva Spa & Wellness Lab

Sorgiva is a creating learning lab and spa of Apicius International School of Hospitality, and is open to the public.

SPA HOURS

Tues - Sat 11:00am - 6:30pm



Corsi Wellness

"Mens sana in corpore sano," the importance of physical activity for health and wellbeing.

The center offers pilates and yoga classes. Both disciplines are beneficial for muscle strength and toning, and for developing motor skills, improved posture, agility, and circulation. Self-defense classes taught by qualified instructors are also available.

Yoga

Mondays at 9:00am (in English)

9 LESSONS 90 EURO

(80 for Florence residents)

Tuesdays at 7:00pm (in Italian)

4 LESSONS 50 EURO

(40 for Florence residents)

Self-Defense

Mondays at 7:00pm

4 LESSONS 50 EURO

(40 for Florence residents)

Pilates

Wednesdays at 7:00pm

4 LESSONS 50 EURO

(40 for Florence residents)

See event calendar for dates.



Florentine Walks

Saturdays at 10am

Discover the secret history of the city through our Florentine walks! Each walk starts with a freshly baked breakfast at our pastry shop Fedora.

Participants will explore Florence's streets, corners, and squares to learn about its hidden history and culture. Walks are categorized by three main themes: history, fashion, and sacred art. These unusual and unique itineraries will allow you to experience an authentic perspective of the city.

**12 EURO PER WALK
BREAKFAST INCLUDED**

(10 Euro for Florence residents)

Package of 6 walks 65 Euro (50 for Florence residents)

See event calendar for dates.

HISTORY WALKS

Roman Florence: Inside the Roman Walls

Roman Florence: Fiesole

Places of Worship: From Roman to Medieval Florence

Florentine Guilds: Medieval Florence

Guelphs and Ghibellines: Florentine Tower Houses and Private Places of the Middle Ages

FASHION WALKS

The Birth of Italian Fashion through the City of Florence

Luxury and Style: The Heart of High-End Fashion in Florence

Alternative Fashion: A Walk through Avant-garde, Edge and Research Retail Environments in Florence

Major and Minor Arts

Serendipity: Style Beyond the Historical Center

SACRED ART WALKS

Marian Devotion & Miraculous Images

Following the Cross

St. John the Baptist, Patron Saint of Florence

Florentine Bishop Saints: San Zanobi and Sant'Antonino

Cloistered Communities: Exploring Monasteries and Convents

Activities for Children, Pre-Teens, and Teens

After-school programs, homework assistance,
babysitting, and tutoring in English, Italian, math,
physics, history, geography, and much more!



After-School Programs

6-13 years

After-school programs feature recreational activities and assistance with studies and homework for elementary and middle school students.

The aim is to provide parents with a valid support system in the afternoon by dedicating a space for study and socialization to children, pre-teens, and teens. We provide assistance with homework in various subjects, developing effective study habits, and improving learning methods. In addition, daily afternoon activities and labs will be held to foster personal enrichment and identity-building.

WEEKLY COST:
B+C Euro 55
A+B+C Euro 80
C+D Euro 60
B+C+D Euro 110
A+B+C+D Euro 135

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A-1:00PM-3:00PM	LUNCH				
B-3:00PM-4:30PM	SPORTS	COOKING LAB	ART LAB	MUSIC & THEATER	GAMES & LABS IN ENGLISH
C-4:30PM-5:00PM	SNACKTIME				
D-5:00PM-6:30PM	HOMEWORK ASSISTANCE				

STAFF/STUDENT RATIO

After-school programs and activities:
1 staff member for every 7 participants ages 6-11
1 staff member for every 10 participants ages 12-13

Homework assistance:
1 staff member for every 5 participants ages 6-11
1 staff member for every 7 participants ages 12-13



Babysitting at the Palazzo

Upon request 7 days a week, minimum age 6 years.

Babysitting services are offered in Italian and English (native speakers) at the Palazzo Villani Stiozzi Ridolfi, via Ricasoli 21.

COSTS
10 Euro per hour
8:30am- 8:30pm
Saturdays and Sundays upon request from 9:00am to 9:00pm,
15 Euro per hour.

Tutoring

Upon request including Saturdays

COST
15 Euro per 1-hour lesson

We offer tutoring services with qualified instructors for all subjects: English, Italian, math, physics, history, geography, and much more.



Weddings *and Private* Events

**Sustainable wedding and event
planning from catering to decor.**

The Palazzi Foundation provides event and ceremony planning services for your special events through a detailed and environmentally conscious approach.

For info:
info@palazziflorence.com



Conversations in the Garden: **Sustainability & Environment.**

Encounters based on sustainability and the environment: sustainable development, green planning and urban gardens, wellbeing, health, and nutrition.



Art Exhibits and Live Music

Sustainability & Environment

Opening: Thursdays at 6:30pm

See event calendar for dates.

Exhibit openings feature a live music performance and a glass of prosecco for guests.

Book Readings and Presentations

A series of book readings, presentations, and author encounters based on themes of sustainability, cultural traditions, and the environment.

Thursdays at 6:30pm

See event calendar for dates.

In collaboration with the **Libreria Gioberti** bookstore.



Florence and the Environment

Seminar on Reuse, Recycling, and Urban Horticulture

Thursdays at 6:30pm

See event calendar for dates.

Seminars on sustainability and the environment, green planning, and urban gardens.

Urban Ecology

Aromatic Herbs and Balcony Plants

Thursdays at 6:30pm

See event calendar for dates.

Seminars on easy DIY cultivation techniques for aromatic herbs and balcony plants for greener cities.



Farm to Table

Organic Food and Wine Tastings

Thursdays at 6:30pm

See event calendar for dates.

Presentations of local products that support seasonal and sustainable methods.

PARTNERS:
Azienda Agricola Le Fabbrie
Castello del Trebbio
Castello di Meleto
Cosimo Maria Masini

Frantoio Pruneti
Il Lebbio
Le Delizie del Miele
Pastificio Fabbri
Salumificio Mannori
Tenuta di Capezzana

FLY Sustainable Vintage Market

Vintage markets in collaboration with FLY | Fashion Loves You.

Fri-Sat-Sun Markets

from 10:00am to 8:30pm

See event calendar for dates.

The Palazzo Villani Stiozzi Ridolfi hosts sustainable vintage markets featuring clothing, accessories, design objects, furniture, and plants. Markets are held in collaboration with the FLY | Fashion Loves You retail store located in Borgo Pinti.



September

3	THU	6:30PM	Exhibit: Lorenzo Brini “Miro Zero” Concert: String trio - Water Music
4-6	FRI-SUN	10AM 8:30PM	FLY SUSTAINABLE VINTAGE MARKET
7	MON	7PM 8PM	SELF-DEFENSE
8	TUE	7PM 8PM	YOGA
9	WED	7PM 8PM	PILATES
10	THU	6:30PM	SUSTAINABLE READINGS IN THE GARDEN - M.L. Grossi, L'ordine imperfetto EcoGiallo – Giunti
12	SAT	10AM	FLORENTINE WALKS Roman Florence: Inside the Roman Walls
14	MON	7PM 8PM	SELF-DEFENSE
15	TUE	7PM 8PM	YOGA
16	WED	7PM 8PM	PILATES
17	THU	6:30PM	SUSTAINABLE READINGS IN THE GARDEN - T. Turchi, Il Balconorto Libreria Editrice Fiorentina
19	SAT	10AM	FLORENTINE WALKS The Birth of Italian Fashion through the City of Florence
21	MON	7PM 8PM	SELF-DEFENSE
22	TUE	7PM 8PM	YOGA
23	WED	7PM 8PM	PILATES
24	THU	19:00	EXHIBIT: David Weiss “Iconic Florence: Precious Metals, Sustainability, and Territory” Concert: London Underground
26	SAT	10AM	FLORENTINE WALKS Marian Devotion & Miraculous Images
28	MON	7PM 8PM	SELF-DEFENSE
29	TUE	7PM 8PM	YOGA
30	WED	7PM 8PM	PILATES

October

1	THU	6:30PM	URBAN ECOLOGY Aromatic Herbs
2-4	FRI-SUN	10AM 8:30PM	FLY SUSTAINABLE VINTAGE MARKET
3	SAT	10AM	FLORENTINE WALKS Roman Florence: Fiesole
5	MON	9AM 10PM 7PM 8PM	YOGA (EN) SELF-DEFENSE
6	TUE	7PM 8PM	YOGA
7	WED	7PM 8PM	PILATES
8	THU	6:30PM	URBAN ECOLOGY Balcony Plants
10	SAT	10AM	FLORENTINE WALKS Luxury and Style: The Heart of High-End Fashion in Florence
12	MON	9AM 10AM 7PM 8PM	YOGA (EN) SELF-DEFENSE
13	TUE	7PM 8PM	YOGA
14	WED	7PM 8PM	PILATES
15	THU	6:30PM	FARM TO TABLE: ORGANIC TASTING Salumificio Mannori (Prato), Wine from Tenuta di Capezzana (Carmignano)
17	SAT	10AM	FLORENTINE WALKS Following the Cross
19	MON	9:00 10:00 7PM 8PM	YOGA (EN) SELF-DEFENSE
20	TUE	7PM 8PM	YOGA
21	WED	7PM 8PM	PILATES
22	THU	6:30PM	EXHIBIT: A.Mancini “Entropia - Tutto va come deve andare” Concert: Classic Winds Scenes
24	SAT	10AM	FLORENTINE WALKS Places of Worship: From Roman to Medieval Florence
26	MON	9AM 10AM 7PM 8PM	YOGA (EN) SELF-DEFENSE
27	TUE	7PM 8PM	YOGA
28	WED	7PM 8PM	PILATES
29	THU	6:30PM	FARM TO TABLE: ORGANIC TASTING Le Fabbrie cheeses (Cavriglia), Castello del Trebbio wines (Pontassieve)
31	SAT	10AM	FLORENTINE WALKS Alternative Fashion: A Walk through Avant-garde, Edge and Research Retail Environments in Florence

November

2	MON	9AM 10AM 7PM 8PM	YOGA (EN) SELF-DEFENSE
3	TUE	7PM 8PM	YOGA
4	WED	7PM 8PM	PILATES
5	THU	6:30PM	FARM TO TABLE - ORGANIC TASTING Frantoio Pruneti olive oil (San Polo in Chianti), Cosimo Maria Masini wines (San Miniato)
6-8	FRI-SUN	10AM 8:30PM	FLY SUSTAINABLE VINTAGE MARKET
7	SAT	10:00 11:00	FLORENTINE WALKS St. John the Baptist, Patron Saint of Florence
9	MON	7PM 8PM	SELF-DEFENSE
10	TUE	7PM 8PM	YOGA
11	WED	7PM 8PM	PILATES
12	THU	6:30PM	FARM TO TABLE - ORGANIC TASTING Pastificio Fabbri ancient grains (Strada in Chianti), Castello di Meleto wines (Gaiole in Chianti)
14	SAT	10AM	FLORENTINE WALKS Florentine Guilds: Medieval Florence
16	MON	9:00 10:00 7PM 8PM	YOGA (EN) SELF-DEFENSE
17	TUE	7PM 8PM	YOGA
18	WED	7PM 8PM	PILATES
19	THU	6:30PM	EXHIBIT: Nicoletta Salomon “Almost Nothing” Concert: String Trio
21	SAT	10AM	FLORENTINE WALKS Major and Minor Arts
23	MON	9AM 10AM 7PM 8PM	YOGA (EN) SELF-DEFENSE
24	TUE	7PM 8PM	YOGA
25	WED	7PM 8PM	PILATES
26	THU	6:30PM	FLORENTINE AND THE ENVIRONMENT Seminar on Reuse, Recycling, and Urban Horticulture
28	SAT	10AM	FLORENTINE WALKS Florentine Bishop Saints: San Zanobi and Sant'Antonino
30	MON	9AM 10AM 7PM 8PM	YOGA (EN) SELF-DEFENSE

December

1	TUE	7PM 8PM	YOGA
2	WED	7PM 8PM	PILATES
3	THU	6:30PM	FARM TO TABLE - ORGANIC TASTING Frantoio Pruneti monocultivar olive oil (San Polo in Chianti), Il Lebbio wines (San Gimignano)
5	SAT	10AM	FLORENTINE WALKS Guelphs and Ghibellines: Florentine Tower Houses and Private Places of the Middle Ages
7	MON	9AM 10AM 7PM 8PM	YOGA (EN) SELF-DEFENSE
8	TUE	7PM 8PM	YOGA
9	WED	7PM 8PM	PILATES
10	THU	6:30PM	FARM TO TABLE - ORGANIC TASTING Le delizie del Miele honey (Marradi), Castello di Meleto wines (Gaiole in Chianti)
12	SAT	10AM	FLORENTINE WALKS Serendipity: Style Beyond the Historical Center
14 16	MON-WED	10AM 8:30PM	FLY SUSTAINABLE VINTAGE MARKET Christmas Edition
14	MON	7PM 8PM	SELF-DEFENSE
15	TUE	7PM 8PM	YOGA
16	WED	6:30PM 7PM 8PM	Final Student Exhibit “Sustainability & Environment” Concert: String Trio - Winter Music PILATES
19	SAT	10AM	FLORENTINE WALKS Cloistered Communities: Exploring Monasteries and Convents
21	MON	7PM 8PM	SELF-DEFENSE
22	TUE	7PM 8PM	YOGA
23	WED	7PM 8PM	PILATES



